

Daily Routine for B \flat /F/G \flat /D Bass Trombone, Level 3 (Everett)

6 Exercises 11-17 should be played in a different key each day, and in different octaves.

11. Breath Extension/Volume Control ♩ = 60-120

ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp

ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp

12. Breath Extension ♩ = 60-120

13. Breath Extension ♩ = 60-120

14. Tonguing Speed: Single Tonguing ♩ = 100-150+

ta ta ta ta ta ta ta ta ta ta ta ta ta ta ta ta ta (sim.)

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15. Tonguing Speed: Doodle Tonguing ♩ = 120-185+

du du du du du dul la du dul la duduldudulduduldudul du (sim.)

16. Tonguing Speed: Multiple Tonguing 1 ♩ = 140-250+

ta ta ta ta ta ta ka ta ta ka ta ka ta ka ta ka ta (sim.)

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17. Tonguing Speed: Multiple Tonguing 2 $\text{♩} = 140-250+$

ta ta ta ta ta ka ta ta ka ta ta ka ta ka ta ka ta ka ta (sim.)

18. Upper Range Extension: Harmonic Series Slurs $\text{♩} = 60-120$

7 6 5 4 3 2 1

19. Upper Range Extension: Harmonic Series Slurs $\text{♩} = 60-120$

7

6

5

4

3

2

1

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20. Lip Trills ♩ = 120-180+

The exercise consists of ten staves of music, each containing two measures of lip trills. The trills are performed in a 4/4 time signature with a tempo of 120-180+ beats per minute. Each measure is divided into three groups of notes: a triplet of eighth notes, another triplet of eighth notes, and a sixteenth note followed by a sixteenth rest, all beamed together. The trills end with a trill flourish. The key signatures for the staves are: Staff 1: B \flat major; Staff 2: D major; Staff 3: B \flat major; Staff 4: B \flat major; Staff 5: D major; Staff 6: B \flat major; Staff 7: B \flat major; Staff 8: B \flat major; Staff 9: B \flat major; Staff 10: B \flat major. Fingerings are indicated by numbers 1-6 below the notes. A large, faint watermark '1245' is visible in the background of the page.

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21. Harmonic Series Slurs/Lip Trills ♩ = 60-120

Musical notation for exercise 21, Harmonic Series Slurs/Lip Trills. It consists of four staves of music in 4/4 time, each with a slur over a series of notes and three trills marked 'tr'. The staves are numbered 1 through 7 at the bottom.

22. Lip Slurs ♩ = 80-120+

Musical notation for exercise 22, Lip Slurs. It consists of seven staves of music in 4/4 time, featuring eighth-note patterns with slurs and articulation marks (3 and 6). The staves are numbered 1 through 7 at the bottom.

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26. Upper/Lower Range Extension: Octave Slurs $\text{♩} = 60-90$

7 6 5 4 3 2 1

27. Low Range/F-Attachment Tuning and Placement $\text{♩} = 60-90$

1 2 3 4 5 6

28. Low Range/F-, G \flat -, and (combined) D-Attachment Tuning and Placement $\text{♩} = 60-90$

1 2 3 4 5

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29. Low Range Extension: Descending through the Pedal Register ♩ = 60-90

The musical score consists of four staves of music in 4/4 time, descending through the pedal register. The first three staves feature eighth-note runs with various accidentals. The fourth staff features dotted quarter notes with rests. A dashed line labeled '8vb' is positioned below the first three staves, and another '8vb' label is below the fourth staff.

1 8 4 8