

5. Lip Slurs ♩ = 100-120+

1
2
3
4
5
6
7

6. Lip Slurs ♩ = 100-120+

1
2
3
4
5
6
7

7. Legato Tonguing/Tuning ♩ = 60-120 Slur markings have been removed to reduce crowding, but a legato articulation is desired.

1 2 3 2 1...
VI V2 V3 V2 VI...

Δ1 Δ2 Δ3 Δ2 Δ1...
1 2 3 2 1...

2 3 4 3 2...
V2 V3 V4 V3 V2...

Δ2 Δ3 Δ4 Δ3 Δ2...
2 3 4 3 2...

Daily Routine for Bb/F/G/Eb Bass Trombone, Level 2 (Everett)

4

Musical staff 1: Bass clef, key signature of one flat. The first measure contains a sequence of notes with fingerings 3, 4, 5, 4, 3... The second measure contains notes with fingerings V3, V4, V5, V4, V3... The staff continues with similar rhythmic patterns.

Musical staff 2: Bass clef, key signature of one flat. The first measure contains notes with fingerings A3, A4, A5, A4, A3... The second measure contains notes with fingerings 3, 4, 5, 4, 3... The staff continues with similar rhythmic patterns.

Musical staff 3: Bass clef, key signature of one flat. The first measure contains notes with fingerings 4, 5, 6, 5, 4... The second measure contains notes with fingerings V4, V5, V6, V5, V4... The staff continues with similar rhythmic patterns.

Musical staff 4: Bass clef, key signature of one flat. The first measure contains notes with fingerings A4, A5, 1, A5, A4... The second measure contains notes with fingerings F1, F2, F3, F2, F1... The staff continues with similar rhythmic patterns.

Musical staff 5: Bass clef, key signature of one flat. The first measure contains notes with fingerings 5, 6, 7, 6, 5... The second measure contains notes with fingerings A3, A4, A5, A4, A3... The staff continues with similar rhythmic patterns.

Musical staff 6: Bass clef, key signature of one flat. The first measure contains notes with fingerings A5, 1, 2, 1, A5... The second measure contains notes with fingerings F2, F3, F4, F3, F2... The staff continues with similar rhythmic patterns.

Musical staff 7: Bass clef, key signature of one flat. The first measure contains notes with fingerings V1, V2, V3, V2, V1... The second measure contains notes with fingerings A4, A5, 1, A5, A4... The staff continues with similar rhythmic patterns.

Musical staff 8: Bass clef, key signature of one flat. The first measure contains notes with fingerings 1, 2, 3, 2, 1... The second measure contains notes with fingerings F3, F4, F5, F4, F3... The staff continues with similar rhythmic patterns.

1 8 4 8

Daily Routine for Bb/F/G/Eb Bass Trombone, Level 2 (Everett)

8. Lip Slurs ♩ = 100-120+

It is recommended that exercises 9-10 be played in a different key each day, and in different octaves.

9. Tonguing Speed: Single Tonguing ♩ = 100-150+

Either of the triple tonguing patterns can be used in exercise 10. Even better, practice *both* patterns!

10. Tonguing Speed: Multiple Tonguing ♩ = 140-250+

Daily Routine for Bb/F/G/Eb Bass Trombone, Level 2 (Everett)

6 11. Upper Range Extension: Harmonic Series Slurs ♩ = 60-120

If you cannot yet reach the highest notes, go as high as you can, extending past your "comfort zone" but not to the point of pain, and continuing to try and reach higher. You are welcome to attempt higher notes and to include or exclude the "non-chord tones" (smaller, in parentheses) at your discretion. For an additional challenge, add lip-trills to some of the higher partials.

7

6

5

4

3

2

1

12. Low Range/F-, G-, and (combined) Eb-Attachment Tuning and Placement ♩ = 60-90

1
2
3
4
5

13. Low Range Extension: Pedal Tones ♩ = 60-90

As with the high range extension exercise, keep trying to reach lower. The lowest notes written here are "false tones" and will not sound very good. Practicing them as an exercise is nevertheless helpful and relaxing.

8vb