











# Daily Routine for Bb/F/G/Eb Bass Trombone, Level 3 (Everett)

6 Exercises 11-17 should be played in a different key each day, and in different octaves.

## 11. Breath Extension/Volume Control ♩ = 60-120

ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp

ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp ppp < fff > ppp

## 12. Breath Extension ♩ = 60-120

## 13. Breath Extension ♩ = 60-120

## 14. Tonguing Speed: Single Tonguing ♩ = 100-150+

ta ta ta ta ta ta ta ta ta ta ta ta ta ta ta ta ta (sim.)

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15. Tonguing Speed: Doodle Tonguing ♩ = 120-185+

du du du du du dul la du dul la duduldudulduduldudul du (sim.)

16. Tonguing Speed: Multiple Tonguing 1 ♩ = 140-250+

ta ta ta ta ta ta ka ta ta ka ta ka ta ka ta ka ta (sim.)

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17. Tonguing Speed: Multiple Tonguing 2 ♩ = 140-250+

ta ta ta ta ta ka ta ta ka ta ta ka ta ka ta ka ta ka ta (sim.)

18. Upper Range Extension: Harmonic Series Slurs ♩ = 60-120

7 6 5 4 3 2 1





21. Harmonic Series Slurs/Lip Trills ♩ = 60-120

7

5

3

1

22. Lip Slurs ♩ = 80-120+

1

2

3

4

5

6

7

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23. Upper Range Extension: Against-the-Grain "Rips" ♩ = 60-80

Try to have all of the partials sound as you "rip" from one note to the next in each group.

24. Upper Range Extension: Arpeggios ♩ = 60-90

25. Upper Range Extension: Legato Tonguing ♩ = 60-120

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26. Upper/Lower Range Extension: Octave Slurs ♩ = 60-90

7  
6  
5  
4  
3  
2  
1

27. Low Range/F-Attachment Tuning and Placement ♩ = 60-90

1  
2  
3  
4  
5  
6

28. Low Range/F-, G-, and (combined) Eb-Attachment Tuning and Placement ♩ = 60-90

1  
2  
3  
4  
5

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29. Low Range Extension: Descending through the Pedal Register ♩ = 60-90

The musical score for exercise 29 is written in bass clef with a 4/4 time signature. It consists of four staves of music. The first three staves feature eighth-note runs that descend through the pedal register, with various accidentals (sharps, flats, and naturals) indicating chromatic and diatonic patterns. The fourth staff contains quarter notes with rests, likely serving as a breath or articulation exercise. A dashed line labeled '8vb' is positioned below the first three staves, and another dashed line labeled '8vb' is below the fourth staff, indicating the octave range of the exercise.

1 8 4 8