

Daily Routine for BB \flat Tuba, Level 1

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This routine should be preceded by appropriate breathing and buzzing exercises.

1. Long Tones ♩ = 60-120

This bottom line requires an instrument with a fourth valve. Fingerings for likely-unfamiliar notes are provided, with differences for compensating (C) and non-compensating (NC) instruments indicated. If you are unsure which type of instrument you have, ask your teacher.

2. Legato Tonguing ♩ = 80-120

3. Lip Slurs ♩ = 60-120

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4. Fingering/Slurring ♩ = 80-120+

Exercise 4 consists of six staves of music in 3/4 time. Each staff contains three measures of music. The notes are slurred across measures. The first staff starts with a key signature of one flat (B♭). The second and fourth staves have a sharp sign (#) above the first note of each measure. The third and fifth staves have a flat sign (b) below the first note of each measure. The sixth staff has a flat sign (b) below the first note of each measure.

5. Lip Slurs ♩ = 80-120+

Exercise 5 consists of two staves of music in 4/4 time. The notes are slurred across measures. Fingerings are indicated below the notes: 0, 2, 1, 1-2, 2-3, 4 or 1-3, and 2-4 or 1-2-3. The first staff has a flat sign (b) below the first note of each measure. The second staff has a flat sign (b) below the first note of each measure.

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8. Upper Range Extension: Harmonic Series Slurs $\text{♩} = 60-120$

If you cannot yet reach the highest notes, go as high as you can, extending past your "comfort zone" but not to the point of pain, and continuing to try and reach higher. You are welcome to attempt higher notes and to include or exclude the seventh partial (the smaller one placed in parentheses, which is usually out-of-tune and sounds like a "non-chord tone") at your discretion.

2-4 or 1-2-3

4 or 1-3

2-3

1-2

1

2

0

9. Low Range Extension $\text{♩} = 60-90$

As with the high range extension exercise, you are welcome to try to extend lower than is written here if you can. While many of the lower notes require a fourth valve to be played with a full sound, those who don't yet have an instrument with a fourth valve can use the same fingerings without the valve and play the low notes as false tones. This is both relaxing and good for your embouchure. Different fingerings for compensating (C) and non-compensating (NC) instruments are indicated where applicable. Again, if you are unsure which type of instrument you have, ask your teacher.

0
NC: 1-2-4 or 1-4
C: 1-4

2
NC: 2-3-4
C: 1-2-4

1
NC: 1-3-4
C: 2-3-4

1-2
NC: 1-2-3-4
C: 1-3-4

2-3
NC: 1-2-3-4 or 2-3
(false tone)
C: 1-2-3-4

4
or 1-3
0