

F# (Concert E)

1. "Revolving" Scale ♩ = 60-180+

Note: Play this exercise both *legato* and *staccato*, in different octaves, if possible. Also note how this exercise teaches the modes as it "revolves" through scales starting on each note of the major scale.

(Ionian/Major) (Dorian)

(Phrygian) (Lydian)

(Mixolydian) (Aeolian/Natural Minor)

(Locrian) (Ionian/Major)

2. Repetitive Major and Relative Minor Scales, Arpeggios, and Thirds ♩ = 100-180+

Major

Natural Minor

Harmonic Minor

Melodic Minor

3. Three-Octave Chromatic Scale ♩ = 60-120

B (Concert A)

1. "Revolving" Scale ♩ = 60-180+

Note: Play this exercise both *legato* and *staccato*, in different octaves, if possible. Also note how this exercise teaches the modes as it "revolves" through scales starting on each note of the major scale.

(Ionian/Major) (Dorian)

(Phrygian) (Lydian)

(Mixolydian) (Aeolian/Natural Minor)

(Locrian) (Ionian/Major)

2. Repetitive Major and Relative Minor Scales, Arpeggios, and Thirds ♩ = 100-180+

Major

Natural Minor

Harmonic Minor

Melodic Minor

1 8 4 8

3. Three-Octave Chromatic Scale ♩ = 60-120

E (Concert D)

1. "Revolving" Scale ♩ = 60-180+

Note: Play this exercise both *legato* and *staccato*, in different octaves, if possible. Also note how this exercise teaches the modes as it "revolves" through scales starting on each note of the major scale.

(Ionian/Major) (Dorian)

(Phrygian) (Lydian)

(Mixolydian) (Aeolian/Natural Minor)

(Locrian) (Ionian/Major)

2. Repetitive Major and Relative Minor Scales, Arpeggios, and Thirds ♩ = 100-180+

Major

Natural Minor

Harmonic Minor

Melodic Minor

1 8 4 8

3. Three-Octave Chromatic Scale ♩ = 60-120

A (Concert G)

1. "Revolving" Scale ♩ = 60-180+

Note: Play this exercise both *legato* and *staccato*, in different octaves, if possible. Also note how this exercise teaches the modes as it "revolves" through scales starting on each note of the major scale.

(Ionian/Major) (Dorian)

(Phrygian) (Lydian)

(Mixolydian) (Aeolian/Natural Minor)

(Locrian) (Ionian/Major)

2. Repetitive Major and Relative Minor Scales, Arpeggios, and Thirds ♩ = 100-180+

Major

Natural Minor

Harmonic Minor

Melodic Minor

3. Three-Octave Chromatic Scale ♩ = 60-120

8th

8th