



Erica Montgomery, Ph.D., Ed.S., LPC-S

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Education:

The University of Mississippi

Bachelor of Arts

Major: Elementary Education

Endorsements: Math and English

Overall GPA: 3.0

Completed Fall 2008

The University of Mississippi

Masters of Education in Counselor Education, M.Ed.

Entering GRE scores: Composite 1140

Overall GPA: 3.84

Completed Summer 2011

The University of Mississippi

Education Specialist in Counselor Education with emphasis in Play Therapy, Ed.S.

Overall GPA: 4.0

Completed Summer of 2019

The University of Mississippi

Doctor of Philosophy in Counselor Education and Supervision, Ph.D.

Overall GPA: 4.0

Completed Fall 2022

Professional Licensure and Credentials:

Mississippi Licensed Professional Counselor

July 2013

LPC #1740

LPC – S Certification Awarded May 2021

Certification #438

Additional Training:

- Heart-Centered Hypnotherapy Training
- Certified Trim Life Provider
- Certified Clean Break Smoking Cessation Provider
- Trauma Focused Cognitive Behavioral Therapy Training
- Telemental Health Certification Training
- Youth Mental Health First Aid Certified
- Youth Mental Health First Aid Instructor Training Equity and inclusion in hiring practices training at UM
- Equity and inclusion in teaching practices training at UM
- Using Telehealth with children and very young children
- Using telehealth with BIPOC communities

Professional Memberships:

- American Counseling Association
- Mississippi Counseling Association
- Association for Counselor Education and Supervision
- Southern Association for Counselor Education and Supervision
- Chi Sigma Iota

Clinical Experience:

Region III Mental Health Tupelo, MS

School Support Therapist, August 2011-May 2012

- Provide mental health services for children and families in a school and home setting.

- Maintain and document treatment modalities and plans. Report to an appointed supervisor regarding the progress of patient mental health status.
- Meet with families in their homes and in my office to establish treatment goals.
- Organizing group therapy and family therapy. Collaborating with the local alternative school to help with behavior
- modification in the school setting.
- Adhere to the guidelines of the regional mental health center and the ACA code of ethics as it applies to ethical issues and policies.

Pathways Therapy Center Tupelo, MS

Mental Health Therapist, May 2012 • May 2016

- Provide mental health services for children and families in a private setting under the supervision of an LPC supervisor. Maintain treatment documentation.
- Report at least one time weekly to LPC supervisor on the condition and progress of patients in the private setting.
- Coordinated schedules for and managed productivity of staff members.

Conscious Healing Therapies Tupelo, MS

Mental Health Therapist, May 2016- August 2019

- Provide mental health services to individuals and families in a private practice setting.
- Create and maintain medical documentation.
- Maintain quality therapeutic interventions and adhere to the ACA code of ethics as it applies to treatment of patients
- Attend and contribute to monthly staffing meetings. Lead group therapy for adults and adolescents.
- Provide play therapy services to children and families. Coordinate care with child protective services in Lee county, Mississippi.

The University of Mississippi Counseling Center Oxford, MS

Clinical Graduate Assistant, August 2019-May 2020

- Provide clinical mental health services to students at the UCC.
- Create documentation based on services completed. Diagnose and treat using clinical skills.

Center for Outreach and Personal Enrichment, Oxford, MS

Clinical Graduate Assistant, August 2020- August 2022

- Supervise master's level students during their practicum and internship.
- Coordinate supervision and consult

- with faculty. Maintain appropriate records of supervision.
- Lead workshops and seminars for master's level students.

The University of Mississippi

Clinic Director, COPE/Workforce Development Coordinator for Tele-mental Health, June 2022 – August 2023

- Oversee daily functioning of the counselor education training clinic Provide support and supervision for services provided through the clinic, through telehealth formats, and in the schools
- Provide supervision to supervisors within the clinic Lead weekly staff meetings
- Collect data on attendance and mode of service
- Facilitate trainings across the state in Youth Mental Health First Aid Develop a mental health resources library for parents of children and adolescents receiving services
- Provide direct services to patients through UMMC telehealth platform
- Develop tele-mental health competencies for counselors in training

The University of Mississippi

Clinic Director, COPE

Program Director, Practicum and Internship

August 2023- current

- Oversee daily functioning of the counselor education training clinic Provide support and supervision for services provided through the clinic, through telehealth formats, and in the schools.
- Provide supervision to supervisors within the clinic Lead weekly staff meetings.
- Collect data on attendance and mode of service.
- Facilitate trainings across the state in Youth Mental Health First Aid Coordinate practicum and internship experiences for interns in the Leadership and Counselor Education program.
- Outreach and marketing efforts for the COPE clinic including a rebranding and new marketing plan as part of a collaboration with the marketing and communications department at UM.
- Maintain records for the practicum and internship program.
- Attend monthly school of education meetings and leadership and counselor education meetings.
- Facilitating and participating in documentary about our foundation work as part of a collaboration with the film department.

The University of Mississippi

Career Counseling COUN: 640

May 2020 - July 2020
Online asynchronous format

Counseling Skills COUN: 603

January 2021 – May 2021
Hybrid format/face to face and asynchronous online

Diagnostic Systems in Counseling COUN: 613

January 2021 – May 2021
Online synchronous format

Counseling Ethics COUN: 608

June 2021-July 2021; June 2022- July 2022; June 2023 – July 2023
Face to Face format, Oxford Campus and Satellite Campus

Foundations of Clinical Mental Health Counseling COUN: 612

August 2021 – December 2021
Face to Face format, Oxford Campus

Pre-Practicum and Advanced Skills COUN: 617

August 2020 Intersession; August 2021 Intersession
Face to Face format, Oxford Campus

Doctoral Internship

June 2023
Face to Face format, South Oxford Campus

CMHC Internship

August 2023, January 2024
Face to Face format, South Oxford Campus

Conference Presentations:

Perepiczka, M., Montgomery, E. (2019). Practical Application of Neurological Concepts in Assessing Play Therapy Efficacy with Reducing Trauma Symptoms in Children. Presented at the Association for Assessment and Research in Counseling Conference as a round table presentation. San Antonio, Texas

Montgomery, E., McClain, R., Neal, S., Coleman, M. (2021). Addressing Privilege, Oppression, and Intersectionality in the Counselor Training Process. Presented at 2021 ACES conference as poster presentation. Atlanta, GA.

Pester, D., Montgomery, E., McClain, R., Neal, S. (2021). Addressing Privilege while Supervising, Advising, and Mentoring: Steps and Strategies for Using an Evidence-Based Assessment.

Presented at 2021 ACES conference as a content session. Atlanta, GA.

Montgomery, E. (2022). Mental Health Concerns in Children. Presented at Mississippi Department of Education North-half Nurses Conference 2022. Oxford, MS.

Montgomery, E. (2023). UMMC To You: Connecting your students to our services. Presented at the Mississippi School Nurses Association Conference 2023. Tupelo, MS.

Montgomery, E. (2023). Using Mindfulness with Adolescents to Reduce Anxiety, Depression, and Aggression. Presented at the Wellness in Education Mini-Conference 2023. Oxford, MS.

Montgomery, E., Bartlett, J., Sartain, P., Warren, A., Washington, C. (2024). Using Group Telehealth in a University Training Setting. Presented virtually at the Counselor Education and Distance Learning conference by Palo Alto 2024. Virtual.

Publications:

Neal Keith, S., Boyd, D. P., Montgomery, E., & Coleman, M. L. (2023). An assessment-based approach to understanding intersectional privilege. *Counselor Education and Supervision*. <https://doi.org/10.1002/ceas.12291>

Leadership, Advocacy, and Community Outreach:

- Provided free services year-round for a percentage of my case load to low-income families and individuals.
- Advocated for family therapy services for biological families with the foster care system. Supported local Junior Auxiliary club as a group practice yearly.
- Provided financial assistance to families in need every Christmas by paying delinquent power bills in our community.
- Participated in annual backpack drive for local children in need of school supplies. Volunteered time to local community arts events.
- Advocated for transgender clients with insurance companies.
- Vice President of CSI-Epsilon Mu Chapter at University of Mississippi
- Coordinated outreach opportunities for community mental health awareness on campus
- Coordinated with violence prevention services at UM to raise awareness of mental health needs
- Provided outreach opportunities for students with community partners
- Facilitated learning opportunities in school districts across the state to raise awareness of mental health challenges for youth

- “Take Back the Night” event for sexual assault awareness at the UM student union plaza.
Served on hiring committee for Remote Assistant Professor at UM
- Coordinated telehealth services for underserved populations in MS through a grant provided by the Kellogg foundation and met quarterly to discuss progress and services.
- Monthly mental health consultations with community practitioners.
- Member of the Chancellor’s Mental Health Initiative Task Force on the UM campus to bring awareness to mental health challenges and resources for campus and community.
- Pre-College Event for incoming freshmen at UM to spread awareness about mental health resources on campus.
- Guest writer for international online blog focused on mental health and wellness.
- Guest Speaker on the Mayo-Lab Podcast, a mental health and wellness focused podcast.
- Tabling various events on and off campus to promote free mental health services with COPE.
- Facilitating partnership with the Veteran’s Administration to offer free telehealth services to Mississippi veterans.
- Volunteered to set up a booth at the School of Education trunk or treat on campus.
- Participated in local canned food drive for Thanksgiving.
- Adopted one angel and two golden angels from the salvation army at Christmas as a group.
- Faculty co-advisor for Epsilon Mu Chapter of CSI

Youth Mental Health First Aid:

Virtual Trainings for YMHFA Certification Training:

- February-March 2023, twice weekly introductory trainings for school faculty, nurses, and administration across the state of MS
- May 2023, School nurses in MS in various school districts
- June 2023, School nurses, administrators, and teachers in MS in various school districts
- November 2023, Project SCORE at the University of Mississippi

In-person/Blended YMHFA Certification Training:

- May 2023, Oxford School District faculty and staff
- June 2023, School nurses, administrators, and teachers in MS in various school districts
- August 2023, Secondary Education majors at the University of Mississippi

Awards and Accolades:

2022 Distinguished Leader for Epsilon Mu chapter of Chi Sigma Iota

2023 School of Education Award Outstanding Doctoral Student in
Education Research