Richard S. Balkin

Professor & Chair
Department of Leadership and Counselor Education
School of Education
University of Mississippi
phone: 662-915-7060
email: rsbalkin@olemiss.edu

Education

Ph.D. in Counselor Education, University of Arkansas, May 2003. CACREP Accredited. The program emphasized expertise in counseling, supervision, research, and teaching.

Cognate: Educational and Research Statistics. Completed 40 hours of coursework in educational research and statistics including the following areas: appraisal and measurement, experimental design, qualitative research, multiple regression, multivariate analysis, applied categorical data analysis, and SAS programming.

Dissertation: Application of a Model for Adolescent Acute Care Psychiatric Programs

M.Ed. in Counseling Psychology, University of Missouri-Columbia, December 1992. Emphasis area: School Counseling.

B.S.Ed. in Secondary Education, University of Missouri-Columbia, May 1990. Emphasis area: Language Arts.

Credentials

Licensed Professional Counselor, January 2018, State of Mississippi, License Number: 2244

National Certified Counselor, NCC Number: 79083

Professional Experience

Department Chair, Leadership and Counselor Education, School of Education, University of Mississippi September 2022 to present.

Interim Department Chair, Leadership and Counselor Education, School of Education, University of Mississippi July 2021 to August 2022.

Coordinator, Educational Research and Design, School of Education, University of Mississippi August 2020 to Present.

Assistant Department Chair, Leadership and Counselor Education, School of Education, University of Mississippi August 2020 to June 2021.

Professor, Leadership and Counselor Education, School of Education, University of Mississippi

August 2017 to Present. CACREP Accredited.

Assistant Chair, Department of Counseling and Human Development College of Education and Human Development, University of Louisville November 2015 to July 2017.

Professor and Coordinator for Counselor Education and School Counseling, College of Education and Human Development, University of Louisville August 2014 to July 2017. CACREP Accredited.

Assistant Dean, College of Education, Texas A&M University-Corpus Christi, August 2013 to July 2014.

Associate Professor, Department of Counseling & Educational Psychology, Texas A&M University-Corpus Christi, August 2009 to 2014.

Associate Professor, Department of Counseling, Texas A&M University-Commerce, August 2008 to August 2009.

Assistant Professor, Department of Counseling, Texas A&M University-Commerce, July 2003 to July 2008.

Instructor, Educational Leadership, Counseling, and Foundations, University of Arkansas, Summer 2003. Taught master's coursework for Counseling Program.

Courses Taught

Doctoral: Advanced Statistical Techniques, Research Methodology,

Research Application, Advanced Research Design, Psychological and Educational Statistics, Intermediate Statistics, Research Methodology and Statistics, Internship,

Dissertation

Masters: Introduction to the Counseling Profession, Introduction to

Group Dynamics and Procedures, Counseling Practicum,

Counseling Internship, Counseling Theories and Techniques, Research Literature and Techniques,

Psychometrics, Practicum, Internship

Undergraduate: Karate

Committee Appointments

- **University Committees:**
- Member, Faculty Grievance Committee, University of Louisville, 2015-present
- Member, Dean's Cabinet, University of Louisville, 2015-present
- Chair, Institutional Review Board, Texas A&M University-Corpus Christi, 2013 to 2014
- Vice-chair, Institutional Review Board, Texas A&M University-Corpus Christi, 2012 to 2013
- Member, University Graduate Council, Texas A&M University-Corpus Christi, 2011 to 2013
- Member, Institutional Review Board, Texas A&M University-Corpus Christi. 2010 to 2014
- Member, Academic Appeals Committee, Texas A&M University-Commerce, 2007 2009.
- Member, College of Education Scholarship Committee, College of Education and Human Services, Texas A&M University-Commerce, Department of Counseling, 2007 2009
- Chair, Institutional Review Board, Texas A&M University-Commerce, Department of Counseling, 2009.
- Member, Institutional Review Board, Texas A&M University-Commerce, Department of Counseling, 2006 2008.
- Member, Alcohol/Drug Task Force, Texas A&M University-Commerce, August 2004-2005.

College Committees:

- Chair, Faculty Performance and Development Committee, School of Education, University of Mississippi, 2019 - present
- Co-chair, Search Committee for Associate Dean for College of Education & Human Development, 2014-2015
- Member, Educator Professional Standards Board Self-study Committee, College of Education & Human Development, University of Louisville, 2015-present
- Member, CAEP Self-study Committee, College of Education & Human Development, University of Louisville, 2015-present
- Member, College of Education & Human Development Doctoral Advisory Board, College of Education & Human Development, University of Louisville, 2014-present
- Chair, College of Education Reorganization Taskforce, Texas A&M University-Corpus Christi, 2011 to 2012
- Member, College of Education Values and Mission Statement Taskforce, Texas A&M University-Corpus Christi, 2011 to 2012
- Chair, Research Tools Committee, College of Education and Human Services, Texas A&M University-Commerce, Department of Counseling, 2008 -2009

- Departmental Committees:
- Search Chair, Assistant Professor for Educational Leadership program in Leadership and Counselor Education, 2018
- Search Chair, Open Rank for Counselor Education program in Leadership and Counselor Education, 2018
- Doctoral Program Coordinator, Counselor Education program, Leadership and Counselor Education, 2018 to present
- Assessment Coordinator, Counselor Education, Leadership and Counselor Education, 2017 to present
- Member, Counseling Program Search Committee, Department of Counseling & Human Development, University of Louisville, 2014-2015
- Coordinator, Doctoral Program in Counselor Education Department of Counseling & Human Development, University of Louisville, 2014present
- Coordinator, School Counseling, Department of Counseling & Human Development, University of Louisville, 2014-present
- Coordinator, CNEP Addictions Specialization Program, College of Education, Counseling and Educational Psychology Program, Texas A&M University-Corpus Christi, 2011 to 2013
- Co-Coordinator, CNEP Comprehensive Assessment System, College of Education, Counseling and Educational Psychology Program, Texas A&M University-Corpus Christi, 2011 to 2013
- Chair, CNEP Media and Technology Committee, College of Education, Counseling and Educational Psychology Program, Texas A&M University-Corpus Christi.
- Chair, CNEP Student Review and Retention Committee, College of Education, Counseling and Educational Psychology Program, Texas A&M University-Corpus Christi.
- Chair, CNEP Master's Comprehensive Examination Revision, College of Education, Counseling and Educational Psychology Program, Texas A&M University-Corpus Christi.
- Chair, Scholarship Committee, Texas A&M University-Commerce, Department of Counseling, 2006 2009.
- Chair, Research Subcommittee for Doctoral Comprehensive Examination, Texas A&M University-Commerce, Department of Counseling, 2003-2009.
- Chair, Masters Admission Committee, Texas A&M University-Commerce, Department of Counseling, 2004 2005.
- Member, Clinical Committee, Texas A&M University-Commerce, Department of Counseling, 2003 2005.

Non-Academic Professional Experiences

Lead Therapist, Baptist Health Behavioral Services, Little Rock, AR, May 1999 to July 2000. Coordinated, supervised, and implemented therapy services for adolescent, adult, and geriatric programs. Supervised all patient care within the unit. Coordinated staffing patterns on units. Participated in cost containment activities. Coordinated the

development of an outcome survey related to in-patient treatment consistent with JCAHO and CARF guidelines; implemented outcome research statistics into therapy program. Assisted in development and implementation of geriatric program. Developed policy and procedure and coordinated post-care treatment program for adolescents and families. Supervised staff documentation and charting. Supervised and evaluated interns and practica students.

Therapist II, Baptist Health Behavioral Services, Little Rock, AR, May 1993 to May 1999. Served as primary therapist for adolescent, adult, and geriatric patients in acute care hospitalization. Conducted individual, group, and family counseling within the behavioral health program. Conducted preadmission assessments for behavioral health programs.

Counselor, private practice, Columbia, MO, January 1993 to May 1993. Out-patient counselor working with adolescents and adults seeking counseling.

Honors

Outstanding Community Program Award, Mississippi Counseling Association, November 10, 2022

ACES Legacy Award, Association for Counselor Education and Supervision, October 11, 2019

Exemplary Research Award, School of Education, University of Mississippi, May 10, 2019

ACA Extended Research Award, American Counseling Association, March 30, 2019

Patricia B. Elmore Outstanding Research Award for Measurement and Evaluation,
Association for Assessment and Research in Counseling, September 9, 2017

Fellow, American Counseling Association, April 2, 2016

Humanistic Educator and Supervisor Award, Association for Humanistic Counseling, April 2, 2016

Dr. Daya Singh Sandhu Research and Innovations in Counseling Award, Kentucky Counseling Association, November 7, 2015

Distinguished Service Award, Texas Counseling Association, November 13, 2014

The Reverend Dr. Martin Luther King, Jr., Celebrations Keynote Speaker, Hunt County African American Leadership Conference, January 20, 2013.

Best Practices Research Award, American Counseling Association, March 24, 2012
 Counseling Vision and Innovation Award, Association for Counselor Education and Supervision, October 29, 2011

Distinguished Service Award for Outstanding Service and Leadership, Texas Counseling Association, July 29, 2011

2007 Junior Faculty Research Award, \$1000.00, Texas A&M University-Commerce **Outstanding Chi Sigma Iota Member**--University of Arkansas, 2003

Emerging Leader--Association of Adult Development and Aging, 2003

USA TaeKwon-Do Team Coach: 1997, 2000-2003

Professional Affiliations

American Counseling Association Association for Counselor Education and Supervision Association for Assessment and Research in Counseling Mississippi Counseling Association

Professional Service Academic Journals

Editor-in-Chief, *International Journal for the Advancement of Counselling*, Springer and the International Association for Counselling, April 1, 2020 to present.

Editor, *Journal of Counseling & Development*, the national, flagship journal for the American Counseling Association, July 1, 2013 to June 30, 2019.

Editor-elect, *Journal of Counseling & Development*, the national journal for the American Counseling Association, July 1, 2012 to June 30, 2013.

Editor, *Measurement and Evaluation in Counseling and Development*, the national journal for the Association for Assessment in Counseling and Education, a division of the American Counseling Association, July 1, 2011 to June 30, 2012.

Editor, *Counseling and Values*, the national journal for the Association for Spiritual, Ethical, and Religious Values in Counseling, a division of the American Counseling Association, July 1, 2011 to June 30, 2012.

Associate Editor of Quantitative Research, *Journal of Counseling & Development*, 2008-2011.

Executive Editor, *Journal of Professional Counseling: Practice, Theory, Research*, July 1, 2007 – November 30, 2011.

Statistical Consultant, Counseling and Values, October 2008 to June 2011.

Reviewer, Measurement and Evaluation in Counseling and Development, October 2010 – June 30, 2011.

Managing Editor, *Journal of Professional Counseling: Practice, Theory, Research*, July 2004 - 2007.

Editorial Board Member, Journal of Counseling & Development, July 2004-2008.

Reviewer, Arkansas Educational, Research, and Policy Studies Journal, July 2001 to May 2003.

External Review for Tenure and Promotion

University of Nevada-Las Vegas, College of Education, 2021

Eastern Caroline University, College of Education, 2021

Texas State University, College of Education, 2021

University of Central Florida, School of Education, 2021

College of William and Mary, School of Education, 2019

University of Central Florida, College of Education and Human Performance, 2018

Florida Atlantic University, College of Education, 2018

University of Iowa, College of Education, 2018

Florida Atlantic University, College of Education, 2016

University of North Carolina-Greensboro, School of Education, 2015

University of Rochester, Warner School of Education, 2014

University of New Mexico, Department of Individual, Family and Community Education, 2013

University of Wyoming, Department of Professional Studies, 2013

University of Tennessee, College of Education, 2011

University of South Carolina, College of Education, 2009

Service and Memberships

Board Member, Jewish Federation of Oxford, 2019 to Present

Research Chair, International Association for Marriage and Family Counselors, 2020 to 2021

President, Mississippi Association for Counselor Education and Supervision, 2019-2020

Co-chair, Association for Counselor Education and Supervision, Institute for Research Mentorship, 2009 to present.

Committee Member, Strategic Planning Committee for Oxford School District, 2018-2019

President, Kentucky Association for Assessment in Counseling, 2015-2016

Chair, ACA Research Committee, July 1, 2015 to present.

Member, ACA Research Committee, July 1, 2014 to June 30, 2015.

Member, ACA Publications Committee, July 1, 2013 to present.

Co-facilitator of ACA Jewish Interest Network, 2003 – present.

Member, AARC Standards for Establishing Evidentiary Support for Counseling Interventions and Evidence-based Practices, 2014 - 2016

Chair, American Counseling Association National Conference Program Selection Committee, 2014-present.

Program Reviewer, British Association for Counseling and Psychotherapy, 2013-2014.

Reviewer, ACA Practice Briefs, July 1, 2012 – Jun 30, 2013

Member, National Institute of Counseling Research, American Counseling Association/Association for Counselor Education and Supervision, July 1, 2010 – June 30, 2014.

President-elect, President, and Past-president, Association for Assessment and Research in Counseling, July 1, 2007 to June 30, 2010.

Member, AACE-IAMFC Committee on Assessment Competencies for Couples, Marriage, and Family Counseling, 2009-2011.

Chair, Assessment Instruments Committee, AACE, 2004 – 2007.

Chair, ASGW Taskforce on Agency and Hospitals, 2004 – 2005.

ACES Advocacy Interest Group, March 2002-2003.

Graduate Student Task Chair of AADA, July 2001 - 2003.

Steering Committee Member for ACA Tikkun Olam—Jewish Interest Network, April 2001 to 2003.

Committee for Standards for Mental Health Counselors in Assessment, AACE, September 2000 to 2009.

President, Chi Sigma Iota-Rho Alpha Beta Chapter, July 2002 to July 2003.

President-elect, Chi Sigma Iota-Rho Alpha Beta Chapter, July 2001 to July 2002.

Publications

Books

- 1. Balkin, R.S., Winburn, A., Schmit, E.L., Mendoza, S.M. (2023). *Counseling youth: Systemic issues and interventions*. Oxford University Press. https://doi.org/10.1093/oso/9780197586761.001.0001
- 2. Balkin, R. S., & Kleist, D. M. (2023). *Counseling research: A practitioner-scholar approach* (2nd ed.). Alexandria, VA: American Counseling Association.
- 3. Balkin, R. S. (2021). *Practicing forgiveness: A path toward healing*. Oxford University Press.
- 4. Kottler, J. A., & Balkin, R. S. (2020). *Myths, misconceptions, and invalid assumptions about counseling and psychotherapy*. Oxford University Press.
- 5. Balkin, R. S., & Juhnke, G. A. (2018). *Assessment in counseling: Practice and applications*. New York: Oxford University Press.
- 6. Flamez, B., Lenz, A. S., Balkin, R. S., & Smith, R. L. (2017). A counselor's guide to the dissertation process: Where to start and how to finish. Alexandria, VA: American Counseling Association.
- 7. Kottler, J. A., & Balkin, R. S. (2017). *Relationships in counseling and the counselor's life*. Alexandria, VA: American Counseling Association.
- 8. Balkin, R. S., & Kleist, D. M. (2017). *Counseling research: A practitioner-scholar approach*. Alexandria, VA: American Counseling Association.
- 9. Balkin, R. S., & Juhnke, G. A. (2014). *Theory and practice of assessment in counseling*. Columbus, OH: Pearson.

Test Manuals

- 10. Balkin, R. S. (2014). *The Crisis Stabilization Scale manual and sampler set*. Menlo Park: CA: Mind Garden, Inc.
- 11. Balkin, R.S., & Juhnke, G.A. (2020). *Manual for the Life Balance Inventory*. [Unpublished].

Peer-reviewed Journals

- 12. Silva, S., Dean, C., Balkin, R. (in press). A canonical correlation analysis of self compassion, life balance, and burnout in counselors. *Journal of Counseling & Development*.
- 13. Balkin, R.S., Hunter, Q., Erford, B.T. (in press). Reliable for whom? Inferring and reporting reliability across diverse populations. *Measurement and Evaluation in Counseling and Development*. https://doi.org/10.1080/07481756.2023.2301286
- 14. Balkin, R.S., Keith, S.N., Stewart, K.D., & Hendricks, L. (in press). Associations between forgiveness, spirituality, and justice among Black Americans. *Counseling and Values*.
- 15. Karaman, M. A., Sarı, H. İ., Vela, J. C., & Balkin, R. S. (2023). Exploring the mediating role of depression and positive orientation in the relationship between positive psychological factors and aggression among Turkish college students. *International Journal for the Advancement of Counselling*, 45(3), 385–402. https://doi-org.umiss.idm.oclc.org/10.1007/s10447-023-09513-4
- 16. Balkin, R. S. (2023). Addressing Limitations of p in Counseling Research: Reporting Bayes Factor Bound and Effect Size Precision. *Counseling Outcome Research and Evaluation*, 14(2), 167-173. https://doi.org/10.1080/21501378.2023.2226386
- 17. Bledsoe, K. G., Winburn, A., Lusk, S., Balkin, R., & Stickl Haugen, J. (2023). Life Balance and Work Addiction among School Counselors at the Onset of the COVID-19 Pandemic. *Journal of Professional Counseling: Practice, Theory & Research*, 1–15. https://doi.org/10.1080/15566382.2023.2201960
- 18. Reysen, R. Balkin, R., & Winburn, A. (2022) Predicting Academic Entitlement for College Students on Academic Probation Using Factors of Life Balance and Gaming Addiction, *College Teaching*. https://doi.org/10.1080/87567555.2022.2116554
- 19. Litam, S.D., Speciale, M., & Balkin, R.S. (2022). Sexual attitudes and characteristics of OnlyFans users. *Archives of Sexual Behavior*, *51*, 3093-3103. https://doi.org/10.1007/s10508-022-02329-0
- 20. Therthani, S., Balkin, R.S., Perepiczka, M., Silva, S., Hunter, Q., & Juhnke, G.A. (2022). Assessing personality traits, life balance domains, and work addiction among entrepreneurs. *Career Development Quarterly*, 70(3), 190-201. https://doi.og/10.1002/cdq.12296
- 21. Balkin, R.S., Neal, S.A., Stewart, K.D., Hendricks, L., & Litam, S.D. (2022). Spirituality and relational health among Black Americans. *Journal of Counseling & Development, 100*(4), 412-420. https://doi.org/10.1002/jcad.12436
- 22. Russo, G.M., Balkin, R.S., & Lenz, A.S. (2022). A meta-analysis of neurofeedback for treating anxiety-spectrum disorders. *Journal of Counseling & Development*, 100(3), 236-251. https://doig.org/10.1002/jcad.12424
- 23. Lenz, A.S., Ault, H., Balkin, R.S., Bario Minton, C., Erford, B.T., Hays, D.G., Kim, B.S.K., & Li, S. (2022). Responsibilities of users of standardized tests

- (RUST-4E). *Measurement and Evaluation in Counseling and Development,* 55(4), 227-235. https://doi.og/10.1080/07481756.2022.2052321
- 24. Balkin, R.S., Lenz, A.S., Russo, G.M., Powell, B.W., Gregory, H.M. (2022). Effectiveness of EMDR for decreasing symptoms of over-arousal: A meta-analysis. *Journal of Counseling & Development*, 100(2), 115-122. https://doi.org/10.1002/jcad.12418
- 25. Litam, S.D., Balkin, R.S., & Hendricks, L. (2022). Assessing worry, racism, and belief in a just world. *Journal of Counseling & Development*, 75-83. https://doi.org/10.1002/jcad.12404
- 26. Balkin, R.S., Russo, G.M., & Perryman, M.L. (2022). Comparing treatment perspectives of adolescent males and their counselors. *Journal of Counseling & Development*, 56-63. https://doi.org/10.1002/jcad.12399
- 27. Litam, S.D., & Balkin, R.S. (2021). Assessing Bayesian Racism Scale: Measuring endorsement of racial stereotypes. *International Journal for the Advancement of Counselling*, 43(4), 504-518. https://doi.org/10.1007/s10447-021-09436-y
- 28. Litam, S. D., & Balkin, R. S. (2021). Moral injury in healthcare workers during COVID-19 pandemic. *Traumatology*, 27(1), 14-19, https://doi.org/10.1037/trm0000290
- 29. Balkin, R.S., Mendoza, S.M., Hendricks, L., Harris, N.A., Flores, S., Casillas, C., & Wood, A. (2021). Evaluation of trauma, forgiveness, and well-being among African Americans. *Journal of Counseling & Development, 99,* 315-325. https://doi.org/10.1002/jcad.12377
- 30. Balkin, R. S. & Lenz, A.S. (2021). Contemporary issues in reporting statistical, practical, and clinical significance. *Journal of Counseling & Development*, 99(2), 227-237. https://doi.org/10.1002/jcad.12370
- 31. Balkin, R. S., & Russo, G. M. (2021). Evaluating perceptions of working alliance and crisis stabilization for adolescent males in residential treatment for substance abuse: A time-series analysis. *Counseling Outcome Research and Evaluation*, 12(1), 4-15, https://doi.org/10.1080/21501378.2020.17
- 32. Balkin, R.S. (2020) The challenge of counseling research in developing a signature pedagogy for quantitative methods. *Teaching and Supervision in Counseling*, *2*(2), Article 6. https://doi.org/10.7290/tsc020206
- 33. Smith, R. L., Karaman, M. A., Balkin, R. S., & Talwar, S. (2020). Psychometric properties and factor analyses of the achievement motivation measure, *British Journal of Guidance & Counselling*, 48(3), 418-429. https://doi.org/ 10.1080/03069885.2019.1620173
- 34. Balkin, R. S., Lenz, A. S., Dell'Aquila, J., Gregory, H. M., Rines, M. N., & Swinford, K. E. (2019). Meta-analysis of integrated primary behavioral healthcare interventions for treating substance use among adults. *Journal of Addictions and Offender Counseling*, 40, 84-95. doi: 10.1002/jaoc.12067.
- 35. Reiner, S. M., Balkin, R. S., Gotham, K. R., Hunter, Q., Juhnke, G. A., & Davis, R. J. (2019). Assessing life balance and work addiction in high-pressure, high-demand careers. *Journal of Counseling & Development*, 97, 409-416. doi: 10.1002/jcad.12289
- 36. Hancock, M. G., Balkin, R. S., Reiner, S. M., Williams, S., Hunter, Q., Powell, B., & Juhnke, G. A. (2019). Life balance and work addiction among NCAA

- administrators and coaches. *Career Development Quarterly, 67,* 264-270. doi: 10.1002/cdq.12195
- 37. Lenz, A. S., Dell'Aquila, J., & Balkin, R. S. (2018). Effectiveness of integrated primary and behavioral healthcare. *Journal of Mental Health Counseling*, 40, 249-265. doi: 10.17744/mehc.40.3.06
- 38. Hunter, Q., Balkin, R. S., & Reiner, S. M. (2018). Addressing impact of counseling research: A comparative study of counseling and psychology journals. *Counseling Outcome Research and Evaluation*, *9*, 80-89. doi: 10.1080/21501378.2017.1403848
- 39. Karaman, M. A., Balkin, R. S., & Juhnke, G. A. (2018). Turkish adaptation of the Juhnke-Balkin Life Balance Inventory. *Measurement and Evaluation in Counseling and Development*, *51*, 141-150. doi: 10.1080/07481756.2017.1308226
- 40. Balkin, R.S., & Schmit, E. L. (2018). A humanistic framework using nonlinear analysis to evaluate the working alliance and therapeutic goal attainment for adolescents in crisis. *Journal of Humanistic Counseling*, *57*, 2-13. doi: 10.1002/johc.12063
- 41. Schmit, E. L., Balkin, R.S., Hunnicutt Hollenbaugh, K. M., & Oliver, M. (2018) Examining the relationship between working alliance and therapeutic goal attainment with adolescents in crisis. *Journal of Child and Adolescent Counseling*, 4, 20-33. doi: https://doi.org/10.1080/23727810.2017.1351773
- 42. Balkin, R. S., Reiner, S. M., Hendricks, L., Washington, A., McNeary, S., Juhnke, G. A., & Hunter, Q. (2018). Life balance and work addiction among African Americans. *Career Development Quarterly*, 66, 77-84. doi: 10.1002/cdq.12123
- 43. Balkin, R. S. (2017). Evaluating evidence regarding relationships with criteria. Measurement and Evaluation in Counseling and Development, 50, 264-269. http://dx.doi.org/10.1080/07481756.2017.1336928
- 44. Balkin, R. S., Richey Gosnell, K. M., Holmgren, A., & Osborne, J. W. (2017). Nonlinear analysis in counseling research. *Measurement and Evaluation in Counseling and Development*, 50, 109-155. http://dx.doi.org/10.1080/07481756.2017.1321925
- 45. Lee, S. H., Balkin, R. S., Fernandez, M. A. (2017) Asian intercultural marriage couples in the United States: A study in acculturation and personality traits. *The Family Journal*, *25*, 164-169.
- 46. Balkin, R. S., & Schmit, E. L. (2016). Using the *Crisis Stabilization Scale* to evaluate progress for adolescents in crisis. *Journal of Child and Adolescent Counseling*, 2, 33-41. doi: 10.1080/23727810.2015.1134009
- 47. Balkin, R. S., Perepiczka, M., Sowell, S. M., Cumi, K., & Gnilka, P. G. (2016). The Forgiveness-Reconciliation Model: An empirically supported process for humanistic counseling. *Journal of Humanistic Counseling*, *55*, 55-65, doi: 10.1002/johc.12024
- 48. Lenz, A. S., & Balkin, R. S., Soler, I., & Martinez-Uribe, P. (2015). Development and evaluation of a Spanish-language version of the Relational Health Indices. *Psychological Assessment*. doi:10.1037/pas0000170

- 49. Ray, D. C., Armstrong, S. A., Balkin, R. S., & Jayne, K. M. (2015). Child centered play therapy in the schools: Review and meta-analysis. *Psychology in the Schools*, *52*, 107-123. doi: 10.1002/pits.21798
- 50. Cavazos Vela, J., Zamarripa, M. X., Balkin, R. S., Johnson, M. B., & Smith, R. S. (2014). Understanding Latina/o students' perceptions of support from school counselors and acculturation as predictors of enrollment in AP coursework. *Professional School Counseling*, 17, 142-152.
- 51. Balkin, R. S., Smith, W., & Flamez, B. (2014). Exploring the Relationship Between Ethnic Identity and Substance Abuse/Dependence Among Latino Youth. *Journal of Professional Counseling: Practice, Theory, and Research,* 40 (2), 30-38.
- 52. Balkin, R. S. (2014). Principles of Quantitative Research in Counseling: A Humanistic Perspective. *Journal of Humanistic Counseling*, *53*, 240-248. doi: 10.1002/j.2161-1939.2014.00059.x
- 53. Schmit, E. L., & Balkin, R. S. (2014). Evaluating emerging measures in the *DSM-5* for counseling practice. *The Professional Counselor*, *4*, 216-231. doi:10.15241/els.4.3.216
- 54. Balkin, R. S., Heard, C. C., Lee, S. H., Wines, L. A. (2014). A primer for evaluating test bias and test fairness: Implications for multicultural assessment. *Journal of Professional Counseling: Practice, Theory, and Research*, 42-52.
- 55. Davis, R. J., Balkin, R. S., & Juhnke, G. A. (2014). Validation of the Juhnke-Balkin Life Balance Inventory. *Measurement and Evaluation in Counseling & Development*, 47, 181-198. doi: 10.1177/0748175614531796.
- 56. Balkin, R. S., Watts, R. E., Ali, S. R. (2014). A conversation about the intersection of faith, sexual orientation, and gender: Jewish, Christian, and Muslim perspectives. *Journal of Counseling & Development*, 92, 187-193. doi: 10.1002/j.1556-6676.2014.00147.x
- 57. Tietjen-Smith, T., Balkin, R., & Kimbrough, S. (2014). Knowledge and teaching confidence of educators about sexual health topics. *National Forum of Teacher Education Journal*, 24 (3), 1-9. Retrieved February 10, 2014, from http://www.nationalforum.com/Electronic%20Journal%20Volumes/Tietjen-Smith,%20Tara%20NFTEJ%20V24%20N3%202014.pdf
- 58. Balkin, R. S., Harris, N., Freeman, S. J., & Huntington, S. (2014). The Forgiveness Reconciliation Inventory: An instrument to process through issues of forgiveness and conflict. *Measurement and Evaluation in Counseling and Development*, 47, 3-13. doi: 10.1177/0748175613497037
- 59. Bray, S. S., & Balkin, R. S. (2013). Master's levels students' beliefs concerning the causes of poverty, implicit racial attitudes, and multicultural competency. *Journal of Professional Counseling: Practice, Theory, and Research, 40 (2),* 33-44.
- 60. Balkin, R. S. (2013). Validation of the Goal Attainment Scale of Stabilization. Measurement and Evaluation in Counseling and Development, 46, 261-269. doi: 10.1177/0748175613497040
- 61. Lenz, A. S., Perepiczka, M., Balkin, R. S. (2013). Evidence for the Mitigating Effects of a Support Group for Attitudes Toward Statistics. *Counseling*

- Outcome Research and Evaluation, 4, 26-40. doi: 10.1177/2150137812474000
- 62. Balkin, R. S., Cavazos Jr., J. Hernandez, A. E., Garcia, R., Dominguez, D., & Valarezo, A. (2013). Assessing At-risk Youth Using the Reynolds Adolescent Adjustment Screening Inventory with a Latino/a Population. *Journal of Addiction and Offender Counseling*, 30-39. doi: 10.1002/j.2161-1874.2013.00012.x
- 63. Sangganjavavanich, V. F., & Balkin, R. S. (2013). Burnout and job satisfaction among counselor educators. *Journal of Humanistic Counseling*, *52*, 67-79. doi: 10.1002/j.2161-1939.2013.00033.x.
- 64. Lenz, A. S., Sangganjavavanich, V. F., Balkin, R. S., Oliver, M., & Smith, R. L. (2012). Wellness Model of Supervision: A comparative analysis. *Counselor Education and Supervision*, *51*, 207-221. doi: 10.1002/j.1556-6978.2012.00015.x
- 65. Becerra, M. D., Robinson, C., Balkin, R. (2011). Exploring relationships of masculinity and ethnicity as at-risk markers for online sexual addiction in men. *Sexual Addiction and Compulsivity*, *18*, 243-260. doi 10.1080/10720162.2011.627284
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- 74. Tietjen-Smith, T., Davis, C., Williams, A., Anderson, G., Balkin, R. S., & Waller, L. R. (2009). A national study of baccalaureate degree completions in the sciences: An overview of institutional success by public, private, and proprietary. Academic Leadership, 7(3). Retrieved December 7, 2009, from http://www.academicleadership.org/emprical_research/A_National_Study_of_Baccalaureate_Degree_Completions_in_the_Sciences_An_Overview_of_Institutional_Success_by_Public_Private_and_Proprietary.shtml
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Book Chapters and Refereed Proceedings

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- 96. McNair, C.L., Pearce, D.L., Balkin, R. (2015). Connecting the dots: Reader self-perception, strategy instruction, and standardized testing. In Szabo, Vasinda, Johnson (Eds), *Bridging Cultures through Literacy (Volume 37)*. Delray Beach, FL: Association of Literacy Educators and Researchers Yearbook.

- 97. Balkin, R. S. (2015). Marijuana addiction. In R. L. Smith (Ed.), *Treatment strategies for substance and process addictions*. Alexandria, VA: American Counseling Association.
- 98. Balkin, R. S., & Erford, B. T. (2015). Univariate inferential statistics. In B.T. Erford (Ed.), Research and evaluation in counseling (2nd ed.). Boston: Lahaska Press.
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- 100. Balkin, R. S. (2014). Total your anger. In K. Fineran, B. Houltberg, A. Nitza, J. McCoy, & S. Roberts (Eds.), *Group work experts share their favorite activities: A guide to choosing, planning, conducting, and processing volume* 2 (pp. 126-130). Alexandria, VA: Association for Specialists in Group Work.
- 101. Smith, P. L., & Balkin, R. S. (2013). Review of the Career Search Efficacy Scale. In D. G. Hays (Ed.), *A counselor's guide in career assessment instruments* (6th ed.). Broken Arrow, OK: National Career Development Association.
- 102. Balkin, R. S. (2010). Development and validation of the Goal Attainment Scale of Stabilization: An evidence-based model for adolescents in acute care psychiatric hospitalization. American Academy of Child and Adolescent Psychiatry, New Research Poster 1.13, 222.
- 103. Balkin, R. S. (2010). Experimental design. In C. Sheperis, J. S. Young, & M. H. Daniels (Eds.). Counseling research: Quantitative, qualitative, and single subject design. Upper Saddle River, NJ: Prentice Hall.
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- 109. Balkin, R. S., & Leddick, G. R. (2005). Advanced group training for school counselors. VISTAS: Compelling Perspectives on Counseling 2005, pp. 211-214.
- 110. Turner, R. C., Mulvenon, S. W., Thomas, S. P., & Balkin, R. S. (2002). Computing indices of item congruence for test development validity assessments. SAS Users Group International, paper 255-27.

Funded

- 1. Office of National Drug Control Policy and William Magee Institute, \$250,000.00, July 1, 2023, June 30, 2024.
- 2. Mental Health Counselors On Campus, Lafayette County School District, \$40,000.00, August 1, 2022 to May 31, 2027.
- 3. UMMC Center for Telehealth, \$70,000.00, Director for Clinic for Outreach and Personal Enrichment, August 2022 to present (renewable).
- 4. Mental Health Counselors on Campus, W.K. Kellogg Foundation, \$385,000.00 October 1, 2022 to September 30, 2024.
- 5. Principal Corps, State of Mississippi, \$200,000.00, September 2022 to August 2024.
- 6. Mental Health Counselors on Campus, Governor's Emergency Education Response fund (GEER), \$491,144.59, December 16, 2020 to September 30, 2022.
- 7. Mental Health Counselors On Campus, Oxford School District, \$40,000, August 1, 2019 to May 31, 2024.
- 8. Project Evaluator, Health Resources and Services Administration (HRSA), Expanding Integrated Behavioral Health Services: Texas Counselors and Healthcare Integration Program (Tex-CHIP), \$1.38 million, September 2017-August 2019
- 9. Program Evaluator, Substance Abuse and Mental Health Services Administration (SAMHSA), Child and Adolescent Mental Health Providers (ChAMPs), Lamar University, \$2.5 million, November 2014-October 2017.
- 10. American Counseling Association, *Journal of Counseling & Development* Editorial Assistantship, \$29,100.00, July 1, 2013
- 11. American Counseling Association, *Journal of Counseling & Development* Editorial Assistantship, \$5000.00, July 1, 2012
- 12. Association for Spiritual, Ethical, and Religious Values in Counseling, *Counseling and Values* Editorial Assistantship, \$4500.00, July 1, 2012
- 13. Program Evaluator, Office of Juvenile Justice and Delinquency Prevention (OJJDP), Antonio E. Garcia Arts and Education Center, March 2010, \$10,666.66.

- 14. Texas Research Development Fund: Development of the Goal Attainment Scale of Stabilization, November 2009, \$13,200.00
- 15. Presidential Allocation for Youth Connection Program of \$5,000.00—used for scholarships to Texas A&M University-Commerce for mentoring, May 2006.

Not funded

National Institute of Health, Healthy Habits Grant, \$356,938.00, June 2015.

Office of Juvenile Justice and Delinquency Prevention, Evaluating youth violence from an epidemiological model with primarily Latino youth, \$469,844.00, May 28, 2013

SAMHSA Teen Court Program, SAMHSA, May 2012, \$600,000.00

Development and Validation of the Goal Attainment Scale of Stabilization, National Institute of Health, October 2009, \$100,000.00

Youth Connection, The Spencer Foundation, November 2006, \$501,726.00

Federal Initiative Request FY 2007, Youth Connection Program, \$500,000.00

Nonrefereed Publications

- Balkin, R. S., (2017, June). International research from the perspective of serving as editor for the *Journal of Counseling & Development. Korean Counseling Association International Chapter newsletter*, 3, 2017.5.30.
- Balkin, R. S. (2010, February). Counselor Educator Development. Adultspan newsletter, Association for Adult Development and Aging.
- Balkin, R. S. (2009, March). Message from the President. Newsnotes, AACE newsletter.
- Balkin, R. S. (2009, November). Message from the President. Newsnotes, AACE newsletter.
- Balkin, R. S. (2008, July). Message from the President. Newsnotes, AACE newsletter.
- Abrahams, S., & Balkin, R. S. (2005, February). Test Review: Five Factor Wellness Inventory. Newsnotes, AACE newsletter.
- Balkin, R. S. (2004). Utilizing a goal attainment model: Adolescents in acute psychiatric hospitalization. Online Course for ProfessionalCEU.com.
- Balkin, R. (2001, October). AADA plans events for members, grad students. Counseling Today, pp.24,32.
- Balkin, R. (2001, Summer). Graduate students, get involved. Adultspan [Newsletter], p.4.
- Balkin, R. (2000, Fall). Journey toward experience: A personal perspective. Adultspan [Newsletter], pp. 1, 9.

Presentations (Peer Reviewed)

International and National

- 1. Lenz, A.S., & Balkin, R.S. (2023, September). Quality reporting practices in quantitative research. Presented at the national conference of the Association for Assessment and Research in Counseling, Nashville, TN.
- 2. Balkin, R.S., Juhnke, G.A., Lusk, S.L. (2023, September). The hidden counseling construct of surface acting. Presented at the national conference of the Association for Assessment and Research in Counseling, Nashville, TN.
- 3. Balkin, R. S., & Winburn, A. (2023, March). Helping students work through conflict and forgiveness in social-emotional learning. Presented at the national conference of the American Counseling Association, Toronto, Canada.
- 4. Balkin, R. S., & Neal Keith, S. (2023, March). Processing forgiveness with clients using the Forgiveness Reconciliation Inventory. Poster. Presented at the national conference of the American Counseling Association, Toronto, Canada.
- 5. Balkin, R. S., & Kleist, D. M. (2023, March). Counseling research: A practitioner-scholar approach. Presented at the national conference of the American Counseling Association, Toronto, Canada.
- 6. Tran, K., & Balkin, R.S. (2022, September). The effectiveness of telemental health with children and adolescents in rural communities. Presented at the annual conference of the Association for Assessment and Research in Counseling, St. Louis, MO.
- 7. Neal, S., & Balkin, R.S.(2022, September). Associations between Black American spirituality, forgiveness, and justice. Presented at the annual conference of the Association for Assessment and Research in Counseling, St. Louis, MO.
- 8. Balkin, R.S. (2022, March). Helping clients work through conflict and forgiveness. Presented at the national conference of the American Counseling Association, Atlanta, GA.
- 9. Neal, S., & Balkin, R.S. (2021). Relational health and spirituality among Black Americans. Presented at the annual conference of the Association for Assessment and Research in Counseling, Cincinnati, OH.
- 10. Balkin, R.S. (2021). Using the Forgiveness Reconciliation Inventory. Presented at the annual conference of the Association for Assessment and Research in Counseling, Cincinnati, OH.
- 11. Russo, G.M., & Balkin, R.S. (2021) Evaluating the efficacy of neurofeedback to reducing symptoms of anxiety-spectrum disorders through meta-analysis. Presented at the annual conference of the Association for Assessment and Research in Counseling, Cincinnati, OH.
- 12. Bakin, R.S., & Russo, G.M. (2020, September). Time series analyses of clinician and adolescent males' perceptions of the efficacy of residential treatment for substance abuse. Presented at the annual conference of the Association for Assessment and Research in Counseling. Virtual.
- 13. Therthani, S., & Balkin, R.S. (2020, September). Impact of tolerance of ambiguity on feedback-seeking behavior of graduate counselors-in-training in clinical

- supervision. Presented at the annual conference of the Association for Assessment and Research in Counseling. Virtual.
- 14. Balkin, R. S. (2020, January). Exploring the unpredictability of adolescent coping on the family system. Presented at the annual conference of the International Association for Marriage and Family Counselors, New Orleans, LA.
- 15. Balkin, R.S., Juhnke, G.A., Powell, B., Silva, S., Perepiczka, M., & Kennedy, J. (2019, September). Life balance: Research findings among African Americans, entrepreneurs, NCAA coaches, doctoral students, and persons employed in high pressure and high demand careers. Presented at the annual conference of the Association for Assessment and Research in Counseling, San Antonio, TX.
- 16. Balkin, R. S., & Russo, G. M. (2019, September). Treatment trends in male adolescent substance use. Presented at the annual conference of the Association for Assessment and Research in Counseling, San Antonio, TX.
- 17. Balkin, R. S., Swinford, K., Gregory, H., Rines, M., & Lenz, A. S. (2019, March). Meta-analysis of the effects of primary and behavioral healthcare for adults with substance use. Presented as a poster presentation for the annual conference of the American Counseling Association, New Orleans, LA.
- 18. Balkin, R. S., Juhnke, G. A., Lusk, S. L., & Lenz, A. S. (2018, September). Developing research that are publishable, citable, and fundable. Presented at the annual conference of the Association for Assessment and Research in Counseling, Richmond, VA.
- 19. Schmit, E. K., & Balkin, R. S. (2018, September). Linear and nonlinear examinations of therapeutic goal attainment and the working alliance for adolescents in crisis. Presented at the annual conference of the Association for Assessment and Research in Counseling, Richmond, VA.
- 20. Balkin, R. S., & Kottler, J. A. (2018, March). Challenging counseling relationships. Presented at the annual conference of the American Counseling Association, Atlanta, GA.
- 21. Balkin, R. S., Gibson, D., Holcomb-McCoy, C., & Lewis, T. (2017, October). Publishing in the *Journal of Counseling & Development*. Presented at the national conference of the Association for Counselor Education and Supervision, Chicago, IL.
- 22. Balkin, R. S. (2017, October). Nonlinear relationships in counseling research. Presented at the annual conference of the Association for Counselor Education and Supervision, Chicago, IL.
- 23. Perepiczka, M., & Balkin, R. S. (2017, September). Measuring client-centered outcomes to advance the counseling profession. Presented at the annual conference of the Association for Assessment and Research in Counseling, Tempe, AZ.
- 24. Balkin, R. S., Schmit, E. L., Richey, K. (2017, March). Understanding counseling effects. Modeling what is really happening in counseling. Presented at the annual conference of the American Counseling Association, San Francisco, CA.

- 25. Kottler, J. A., & Balkin, R. S. (2017, March). Relationships in a counselor's life. Presented at the annual conference of the American Counseling Association, San Francisco, CA.
- 26. Balkin, R. S., Juhnke, G. A., & Sowell, S. (2016, September). Exploring life balance among entrepreneurs. Presented at the annual conference of the Association for Assessment and Research in Counseling, Fort Lauderdale, FL.
- 27. Smith, R., Karaman, M., & Balkin, R. S. (2016, September). Development and validation of the Smith Achievement Motivation Scale and Achievement Motivation in Settings Inventory. Presented at the annual conference of the Association for Assessment and Research in Counseling, Fort Lauderdale, FL.
- 28. Balkin, R. S. (2016, May). Nonlinear relationships: A humanistic methodology. Presented at the annual conference of the Association for Humanistic Counseling, Portland, OR.
- 29. Balkin, R. S., & Perepiczka, M. (2016, May). Exploring life balance: A humanistic construct. Presented at the annual conference of the Association for Humanistic Counseling, Portland, OR.
- 30. Balkin, R. S., & Kottler, J. A. (2016, March). The counseling relationship revisited. Presented at the annual conference of the American Counseling Association, Montreal, Canada.
- 31. Robinson, E. H., Balkin, R. S...Wood, C. (2016, March) Publishing in ACA refereed journals. Presented at the annual conference of the American Counseling Association, Montreal, Canada.
- 32. Balkin, R. S., Sheperis, C. J., Gibson, D., Singh, A., Holcomb-McCoy, C., Wester, K., Tang, M. (2015, October). Publishing in the *Journal of Counseling & Development*. Presented at the national conference of the Association for Counselor Education and Supervision, Philadelphia, PA.
- 33. Sowell, S., Gosnell, K., & Balkin, R. S. (2015, September). The power of SCRD and interventions that work. Presented at the annual conference of the Association for Assessment and Research in Counseling, Memphis, TN.
- 34. Balkin, R. S., Juhnke, G. A., & Washington, A. (2015, September). Adventures in IRB Land. Presented at the annual conference of the Association for Assessment and Research in Counseling, Memphis, TN.
- 35. Perepiczka, M. Balkin, & R. S. (2015, June). Humanistic approach to complexities of managed care. Presented at the annual conference of the Association for Humanistic Counseling, Cleveland, OH.
- 36. Perepiczka, M. Balkin, R. S. Sowell, S., & Cumi, K (2015, June). Life balance of counselor education and supervision doctoral students. Presented at the annual conference of the Association for Humanistic Counseling, Cleveland, OH.
- 37. Cumi, K., Sowell, S, Rogers, T. J., Rock, E., Harris, C., & Balkin, R. S. (2015, March). Using single case research design for tracking school counseling outcomes. Program presented at the national evidence-based school counseling conference, Erlanger, KY
- 38. Hagedorn, W. B., Nelson, K., Graham, J., Kendrick, E., Gungor, A., Dressler, S., Balkin, R., Sandhu, D., & Foster, K. (2015, March). *On common ground: Counselors of varied spiritual and religious backgrounds engage in case*

- discussion. Program presented at the national conference of the American Counseling Association, Orlando, FL.
- 39. Schmit, M. K., Schmit, E. L., & Balkin, R. S. (2014, September). Evaluation of career components in global assessments. Presented at the annual conference of the Association for Assessment and Research in Counseling, Moline, IL.
- 40. Balkin, R. S., & Schmit, E. (2014, September). Evaluating emerging measures in the DSM-5 for counseling practice. Presented at the annual conference of the Association for Assessment and Research in Counseling, Moline, IL.
- 41. Balkin, R. S., Perepiczka, M., Sowell, S. M., Cumi, K., & Gnilka, P. (2014, September). Modeling the process of clients' work through forgiveness and conflict. Presented at the annual conference of the Association for Assessment and Research in Counseling, Moline, IL.
- 42. Lenz, A. S., & Balkin, R. S. (2014, September). Translation and evaluation of psychometric assessments: an application using the Relational Health Indices. Presented at the annual conference of the Association for Assessment and Research in Counseling, Moline, IL.
- 43. Balkin, R. S., & Harris, N. (2014, March). Using the Forgiveness Reconciliation Inventory in group work and clinical practice. Presented at the annual conference of the American Counseling Association, Honolulu, HI.
- 44. Lemberger-Truelove, M., Balkin, R. S., Duffey, T., Farley, N., Glavin, K., Hays, D., McCarthy, C., Noah, B., Peluso, P., Robinson, E. H., Roland, C., Southern, S., Trusty, J., Watson, J., & Baker, C. (2014, March). Publishing in ACA refereed journals: Suggestions from the council of editors. Presented at the annual conference of the American Counseling Association, Honolulu, HI.
- 45. Balkin, R. S. (2013, October). Measure this! Using your own measure in research. Presented at the national conference of the Association for Counselor Education and Supervision, Denver, CO.
- 46. Balkin, R. S., & Harris, N. (2013, September). Using the Forgiveness Reconciliation inventory in Groups. Presented at the annual conference of the Association for Assessment and Research in Counseling, Houston, TX.
- 47. Smith, R. L., Arora, S., Hunnicutt Hollenbaugh, K. M., & Balkin, R. S. (2013, September). Building a comprehensive tool to measure achievement motivation. Presented at the annual conference of the Association for Assessment and Research in Counseling, Houston, TX.
- 48. Balkin, R. S. (2013, July). Assessing and exploring forgiveness and conflict in group work. Presented at the annual conference of the Association for Humanistic Counseling, New York, NY.
- 49. Lemberger-Truelove, M., Balkin, R. S., Clauss-Ehlers, C., Duffey, T., Farley, N., Hays, D., McCarthy, C., Noah, B., Pearson, Q., Peluso, P., Robinson, E. H., Roland, C., Southern, S., Toporek, R., Trusty, J., Watson, J., Wood, C., & Baker, C. (2013, March). Publishing in ACA refereed journals: Suggestions from the council of editors. Presented at the annual conference of the American Counseling Association, Cincinnati, OH.
- 50. Davis, R. J., Balkin, R. S., & Juhnke, G. A. (2013, March). Measuring life balance: A validation study of the Juhnke-Balkin Life Balance Inventory.

- Presented at the annual conference of the American Counseling Association, Cincinnatti, OH.
- 51. Balkin, R. S. (2012, September). Measuring therapeutic goal attainment for adolescents in crisis. Presented at the annual conference of the Association for Assessment in Counseling and Education, Orlando, FL.
- 52. Davis, R., & Balkin, R. S. (2012, September). Validating the Juhnke-Balkin Life-Balance Inventory. Presented at the annual conference of the Association for Assessment in Counseling and Education, Orlando, FL.
- 53. Balkin, R. S., Perepiczka, M., & Watson, J. C. (2011, October). Student learning outcomes in statistics courses. Presented at the national conference of the Association for Counselor Education and Supervision, Nashville, TN.
- 54. Balkin, R. S. (2011, October). Modern procedures for using MANOVA.

 Presented at the national conference of the Association for Counselor Education and Supervision, Nashville, TN.
- 55. Balkin, R. S., Watson, J. C., & Perepiczka, M. (2011, October). Selecting an appropriate quantitative method. Presented at the national conference of the Association for Counselor Education and Supervision, Nashville, TN.
- 56. Balkin, R. S., Briggs, C., Smith, R., & Singh, A. (2011, October). Perspectives in Counseling Research. Presented at the national conference of the Association for Counselor Education and Supervision, Nashville, TN.
- 57. Heard, C., Lee, S. H., Balkin, R. S. (2011, September). Research in counseling: are we enabling the bias we advocate against? Presented at the annual conference of the Association for Assessment in Counseling and Education, Fort Worth, TX.
- 58. Balkin, R. S. (2011, September). The Forgiveness Reconciliation Inventory: A model for assessing and processing issues of forgiveness, conflict, and reconciliation. Presented at the annual conference of the Association for Assessment in Counseling and Education, Fort Worth, TX.
- 59. Balkin, R. S., Chang, C., Hays, D., & Ray, D. (2011, September). Managing, mastering, and maximizing: Networking roundtables. Presented at the annual conference of the Association for Assessment in Counseling and Education, Fort Worth, TX.
- 60. Balkin, R. S., Chang, C., Hays, D., & Ray, D. (2011, September). Research and publication strategies from the experts. Presented at the annual conference of the Association for Assessment in Counseling and Education, Fort Worth, TX.
- 61. Balkin, R. S. (2010, October). Development and validation of the Goal Attainment Scale of Stabilization: An evidence-based model for adolescents in acute care psychiatric hospitalization. Presented at the international conference of the American Academy of Child and Adolescent Psychiatry, New York, NY.
- 62. Perepiczka, M., Balkin, R. S., & Watson, J. (2010, September). Assessing outcomes of statistics courses and implementing changes for CACREP-accredited programs. Presented at the annual conference of the Association for Assessment in Counseling and Education, Memphis, TN.
- 63. Flores, S., Casillas, C., & Balkin, R. S. (2010, September). Substance abuse treatment for adolescents: General and dual diagnosis crisis residence

- programs. Presented at the annual conference of the Association for Assessment in Counseling and Education, Memphis, TN.
- 64. Balkin, R. S., Miller, J., Garcia, R., & Lancaster, C. (2010, September). Assessing factors in adolescent adjustment as precursors to recidivism in court-referred youth. Presented at the annual conference of the Association for Assessment in Counseling and Education, Memphis, TN.
- 65. Lancaster, C., Balkin, R. S., Garcia, R., & Domingues. D. (2010, September).

 Outcome study of a community-based juvenile offender counseling program.

 Presented at the annual conference of the Association for Assessment in

 Counseling and Education, Memphis, TN.
- 66. Balkin, R. S., Levitt, D. H., & Schlosser, L. Z. (2009, October). Religious identity, cultural competence, homophobia, and sexism in the counseling profession. Presented at the national conference of the Association for Counselor Education and Supervision, San Diego, CA.
- 67. Niles, S., & JCD Editorial Board Members. (2009, October). Publishing in the Journal of Counseling and Development. Presented at the national conference of the Association for Counselor Education and Supervision, San Diego, CA.
- 68. Balkin, R. S. (2009, October). Writing your quantitative results for experimental and correlational research. Presented at the national conference of the Association for Counselor Education and Supervision, San Diego, CA.
- 69. Balkin, R. S., & Sheperis, C. J. (2009, October). Understanding statistical power: How to ensure a sufficient sample size in your study. Presented at the national conference of the Association for Counselor Education and Supervision, San Diego, CA.
- 70. Aslinia, S., Abbassi, A., & Balkin, R. S. (2009, September). Importance, meaning and impact of wedding ceremonies on the marital relationship: A crosscultural exploration. Presented at the annual conference of the Association for Assessment in Counseling and Education, Norfolk, VA.
- 71. Aslinia, S., Balkin, R. S., & Abbassi, A. (2009, September). The Aslinia Multicultural Marital Inventory. Presented at the annual conference of the Association for Assessment in Counseling and Education, Norfolk, VA.
- 72. Balkin, R. S., Sutherland, V., & Saatci, Y. (2009, September). Truthiness 2009! An update in counseling research. Presented at the annual conference of the Association for Assessment in Counseling and Education, Norfolk, VA.
- 73. Balkin, R. S. (2009, September). StatGeek 101: How we keep doing the same thing and calling it something different (well, sort of). Presented at the annual conference of the Association for Assessment in Counseling and Education, Norfolk, VA.
- 74. Sheperis, C. J., Sheperis, D., Simpson, L., Balkin, R. S., & Watson, J. C. (2009, March). The counselor as scientist-practitioner: The ethical choice. Presented at the annual conference of the American Counseling Association, Charlotte, NC.
- 75. Oden, K. & Balkin, R. S. (2008, September). The counselor self-awareness scale. Presented at the annual conference of the Association for Assessment in Counseling and Education, Dallas, TX.

- 76. Balkin, R. S., Powell, J., Sartor, T., & Leicht, D. (2008, September). Using diagnostic assessments to predict therapeutic goal attainment in high-risk adolescents. Presented at the annual conference of the Association for Assessment in Counseling and Education, Dallas, TX.
- 77. Sheperis, C., Balkin, R. S., Sheperis, D., Simpson, L., & Watson, J. C. (2008, September). The counselor as scientist practitioner: The ethical choice. Presented at the annual conference of the Association for Assessment in Counseling and Education, Dallas, TX.
- 78. Hays, D., Balkin, R. S., Sheperis, C., & Chang, C. (2008, March). Key concepts and issues in counseling research. Presented at the annual conference of the American Counseling Association, Honolulu, HI.
- 79. Balkin, R. S., Hays, D, Chang, C, & Sheperis, C. (2007, November). Research design in quantitative and qualitative research. Presented at the annual conference of the Association for Assessment in Counseling and Education, Atlanta, GA.
- 80. Balkin, R. S., Hays, D, Chang, C, & Sheperis, C. (2007, November). Analytic strategies for quantitative and qualitative research. Presented at the annual conference of the Association for Assessment in Counseling and Education, Atlanta, GA.
- 81. Balkin, R. S., Hays, D, Chang, C, & Sheperis, C. (2007, November). Writing for publication. Presented at the annual conference of the Association for Assessment in Counseling and Education, Atlanta, GA.
- 82. Balkin, R. S., & Perepiczka, M. (2007, November). Emotional awareness and sexual readiness in young adults. Presented at the annual conference of the Association for Assessment in Counseling and Education, Atlanta, GA.
- 83. Balkin, R. S., &Freeman, S. J. (2007, March). Forgiveness, Reconciliation, and Mechilah: Integrating the Jewish concept of forgiveness in to clinical practice. Presented at the annual conference of the American Counseling Association, Detroit, MI.
- 84. Balkin, R. S., & Sheppard, J. (2006, October). Truthiness in counseling and educational research. Presented at the annual conference of the Association for Assessment in Counseling and Education, Athens, GA.
- 85. Sheppard, J., & Balkin, R. S. (2006, October). Marketing higher education: Strategies for building effective marketing campaigns. Presented at the annual conference of the Association for Assessment in Counseling and Education, Athens, GA.
- 86. Abrahams, S., & Balkin, R. S. (2006, April). Assessing community needs of atrisk youth. Presented at the annual conference of the American Counseling Association, Montreal, Canada.
- 87. Levitt, D. H., Balkin, R. S., Goodman, J., Kiselica, M. S., & Muskin, M. (2006, April). Panel Discussion on Jewish and Religious Issues in Counseling. Presented at the annual conference of the American Counseling Association, Montreal, Canada.
- 88. Balkin, R. S., & Gillen, M. (2005, October). Preparing counselors to utilize adventure counseling in hospitals and hospital settings. Presented at the

- national conference of the Association for Counselor Education and Supervision, Pittsburgh, PA.
- 89. Armstrong, S., & Balkin, R. S. (2005, October). Supervising and mentoring beginning school counselors: Research findings and recommendations. Presented at the national conference of the Association for Counselor Education and Supervision, Pittsburgh, PA.
- Abrahams, S., & Balkin, R. S. (2005, September). Assessing community needs of at-risk youth. Presented at the annual conference of the Association for Assessment in Counseling and Education, Athens, GA.
- 91. Sheppard, J., & Balkin, R. S. (2005, September). Analysis and reporting of model assumptions in univariate analyses: Issues and alternatives. Presented at the annual conference of the Association for Assessment in Counseling and Education, Athens, GA.
- 92. Balkin, R. S., & Leddick, G. R. (April, 2005). Advanced group training for school counselors. Presented at the annual conference of the American Counseling Association, Atlanta, GA.
- 93. Zozone-Osburn, M., & Balkin, R. S. (April, 2005). Adult development and wellness: Implications for non-traditional students. Presented at the annual conference of the American Counseling Association, Atlanta, GA.
- 94. Swartz, J. D., Denny, G. S., & Balkin, R. S. (2004, April). A survey of best practices for project-based instruction using Internet resources and multimedia. Presented at the annual conference of the American Educational Research Association, San Diego, CA.
- 95. Balkin, R. S. (2004, April). Application of a model for counseling adolescents in acute care psychiatric hospitalization. Presented at the annual conference of the American Counseling Association, Kansas City, MO.
- 96. Balkin, R. S., & Turner, R. (2003, September). Measuring goal attainment in counseling adolescents in acute psychiatric hospitalization. Presented at the 2003 AACE National Assessment Conference of the Association for Assessment in Counseling and Education, Baltimore, MD.
- 97. Matthews, P. J., and Balkin, R. S. (2003, August). Advocating for the elderly. Presented at the 2003 National Conference of the Association of Adult Development and Aging, Las Vegas, NV.
- 98. Balkin, R. S., Swartz, J. D., Buckner, D. L., & Rao, S. (2003, April). Case study of the classroom management practices in a distance education, master's level, research statistics class. Presented at the annual conference of the American Educational Research Association, Chicago, IL.
- 99. Swartz, J. D., Balkin, R. S., & Phillips, M. (2003, April). A case study of multimedia and Internet project-based instruction. Presented at the annual conference of the American Educational Research Association, Chicago, IL.
- 100. Brescia, B., Swartz, J. D., Balkin, R. S., Pearman, C., Goodrich, L., & Lofton, J. (2003, April). Undergraduate students as threaded discussion leaders. Presented at the annual conference of the American Educational Research Association, Chicago, IL.

- 101. Balkin, R., & Levitt, D. (2003, March). Religious diversity from a Jewish perspective. Presented at the annual conference of the American Counseling Association, Anaheim, CA.
- 102. Balkin, R., & Matthews, P. J. (2003, March). Advocating for the elderly. Presented at the annual conference of the American Counseling Association, Anaheim, CA.
- 103. Turner, R.C., Mulvenon, S. W., Thomas, S.P., & Balkin, R. S. (2002, April). Computing indices of item congruence for test development validity assessments. Presented at the annual conference of SAS Users Group International, Orlando, FL.
- 104. Gale, A. U., & Balkin, R. Counseling to connect: Patients with dementia. (2001, March). Presented at the annual conference of the American Counseling Association, San Antonio, TX.
- 105. Gale, A. U., & Balkin, R. Counseling to connect: Patients with dementia. (2000, July). Presented at the conference of the Association for Adult Development and Aging, Cedar Rapids, IA.

Regional, State, and Local

- 1. Balkin, R. S. (2023, November). We don't really know what we think we know. Presented at the annual conference of the Mississippi Counseling Association, Biloxi, MS.
- 2. Balkin, R. S. (2023, November). Working Through Conflict and Forgiveness. Presented at the annual conference of the Mississippi Counseling Association, Biloxi, MS.
- 3. Balkin, R. S. (2022, November). Working Through Conflict and Forgiveness in Groups. Presented at the annual conference of the Mississippi Counseling Association, Tupelo, MS.
- 4. Balkin, R. S. (2021, November). Working Through Conflict and Forgiveness. Presented at the annual conference of the Mississippi Counseling Association, Biloxi, MS.
- 5. Balkin, R. S., & Kerwin, A. K. (2019, November). What you think you are doing might not be what you are doing. Presented at the annual conference of the Mississippi Counseling Association, Biloxi, MS.
- 6. Balkin, R. S., & Richey, K. (2016, November). Understanding nonlinear relationships. Presented at the annual conference of the Kentucky Counseling Association, Louisville, KY.
- 7. Balkin, R. S., Sowell, Richey, K., & Hunter, Q. (2016, November). Assessment and counseling of adolescent suicidality. Presented at the annual conference of the Kentucky Counseling Association, Louisville, KY.
- 8. Balkin, R. S., Hunter, Q., Gosnell, K. (2015, November). The counseling relationship in an era of accountability. Presented at the annual conference of the Kentucky Counseling Association, Louisville, KY.
- 9. Balkin, R. S. (2014, November). Publishing in the *Journal of Counseling & Development*. Presented at the annual conference of the Kentucky Counseling

- Association, Louisville, KY.
- 10. Balkin, R. S. (2012, November). Adolescents in Crisis: Client factors for effective Coping and Follow-up. Presented at the annual conference of the Texas Counseling Association, Galveston, TX.
- 11. Balkin, R. S., & Harris, N. (2012, January). Using the Forgiveness Reconciliation Inventory to work through issues of forgiveness and conflict. Presented at the Counselors' Institute of the Rio Grande Valley Counseling Association, South Padre, TX.
- 12. Balkin, R. S., & De La Garza, B. (2010, November). Counseling through issues of forgiveness and conflict. Presented at the annual conference of the Texas Counseling Association, Austin, TX.
- 13. Balkin, R. S. (2010, November). Publishing in the Journal of Professional Counseling. Presented at the annual conference of the Texas Counseling Association, Austin, TX.
- 14. Balkin, R. S. & Robinson, C. (2008, November). Getting your research manuscript published. Presented at the annual conference of the Texas Counseling Association, Houston, TX.
- 15. Balkin, R. S. (2005, June). Advanced group work: Implementation and utilization. Presented at the annual conference of Midsouth Summer School, Little Rock, AR.
- 16. Balkin, R. S. (2004, June). Utilizing a goal attainment model for dual-diagnosed adolescents in acute care psychiatric hospitalization. Presented at the annual conference of Midsouth Summer School, Little Rock, AR.
- 17. Hill, C., & Balkin, R. S. (2004, February). Can the LASSI be a predictor of academic success? Presented at the 2004 Texas A&M University 4th Annual Assessment Conference, College Station, TX.
- 18. Brescia, W., Swartz, J., Pearman, C., Williams, J., & Balkin, R. (2002, November). Undergraduate Students as Threaded Discussion Leaders. Presented at Mid-South Educational Research Association. Chattanooga, TN.
- 19. Balkin, R., & Higgins, K. (2002, November). Research in counseling: Making it work for you. Presented at the annual conference of the Arkansas Counseling Association, Hot Springs, AR.
- 20. Davis, H., & Balkin, R. (2002, November). Potholes in the road: Ethical issues and beginning counselor supervisors. Presented at the annual conference of the Arkansas Counseling Association, Hot Springs, AR.
- 21. Balkin, R., Bodey, K., & White, G. (2002, March). Teacher fatigue: Can we prevent it? Presented at the annual conference of the Arkansas Educational, Research, and Policy Studies, Little Rock, AR.
- 22. Balkin, R., Zozone, M., & Mulvenon, S. (2002, February). Educational finance reform: A new methodological approach to evaluate school funding. Presented at the annual conference of the Southwest Educational Research Association, Austin, TX.
- 23. Zozone, M., Balkin, R., & Mulvenon, S. (2002, February). Educational Finance Reform: Is their equity in funding in Arkansas? Presented at the annual conference of the Southwest Educational Research Association, Austin, TX.

- 24. Gale, A. U., & Balkin, R. Understanding the DSM-IV-TR. (2001, May). Presented at the annual conference of the Arkansas Counseling Association, Hot Springs, AR, November 2001. Presented at the annual conference of the Arkansas Mental Health Counselors Association, Fayetteville, AR.
- 25. Balkin, R. Counseling to connect: Patients with dementia. (2000, November). Presented at the annual conference of the Arkansas Counseling Association, Hot Springs, AR.
- 26. Balkin, R., & Brown, M. Continuum of Care. (1997, November). Presented at the annual conference of the Arkansas Counseling Association, Hot Springs, AR.

Invited Presentations

- 27. Balkin, R. S. (2020, November). Invited: Keynote: Shaping the Future of Counseling. Presented at the annual conference for the Mississippi Counseling Association, Virtual.
- 28. Balkin, R. S. (2018, November). Invited: Keynote: It is all about the relationship. Presented at the annual conference for the Mississippi Counseling Association, Gulfport, MS.
- 29. Reiner, S. M., Balkin, R. S., & Gotham, K. R. (2018, October). Invited: The unbalanced counselor: Presented at the Western New York School Counselor Consortium conference, Rochester, NY.
- 30. Balkin, R. S., (2015, August). Invited: Leadership in the counseling profession: Balancing service, mentorship, and ego. Presented at the Kentucky Counseling Association Leadership Institute, Jamestown, KY.
- 31. Balkin, R. S., & Kottler, J. (2015, March). Invited Keynote: The power of relationships in counseling—and the counselor's life. Presented at the national conference of the American Counseling Association, Orlando, FL.
- 32. Balkin, R. S. (2013, July). Invited Keynote: Why humanism needs empiricism. Presented at the annual conference of the Association for Humanistic Counseling, New York, NY.
- 33. Balkin, R. S. (2012, October). Counseling Adolescents in Crisis: Brief, Therapeutic Goal Attainment. Presented at the Texas Juvenile Justice Conference. Corpus Christi, TX.
- 34. Balkin, R. S. (2012, September). Invited Keynote: Research in counseling: What are we doing? Presented at the annual conference of the Association for Assessment in Counseling and Education, Orlando, FL.
- 35. Balkin, R. S., (2012, March). Publishing in ACA Refereed Journals: Suggestions From the Council of Editors. Presented at the annual conference of the American Counseling Association, San Francisco, CA.
- 36. Balkin, R. S. (2004, July). Identifying substance abuse in teens. Invited by the Allen Independent School District, Allen, TX.
- 37. Balkin, R. S. (2004, June). Understanding your teen's world. Invited by the Southwestern Family Series at Southwestern Medical Center, Dallas, TX.
- 38. Matthews, P. J., & Balkin, R. S. (2004, April). Advocating for the elderly. Invited by the Association of Adult Development and Aging and presented at the annual conference of the American Counseling Association, Kansas City, MO.

39. Roland, C. B., Balkin, R. S., Degges-White, S., Enochs, W., & Osburn, M. Z. (2004, April). The benefits of volunteering for national association work. Invited by the Association of Adult Development and Aging and presented at the annual conference of the American Counseling Association, Kansas City, MO.

Workshops Conducted

- 40. Balkin, R.S., Neal, S., & Stewart, K.D. (2022, January 27). Using JASP for Data-Informed Teaching. Presented to Oxford School District.
- 41. Balkin, R.S. (2021, October 1). Working Through Conflict and Forgiveness. Presented for the International Association for Counselling.
- 42. Balkin, R. S. (2015, October). Bridging research to practice: A discussion of counseling, accountability, and what really works. Presented to the University of Cumberlands School of Counseling, Williamsburg, KY.
- 43. Balkin, R. S., (2015, May). Counseling adolescents in crisis in school settings. Presented to the University of Mine, Bangor, MN
- 44. Balkin, R. S. (2013, April). Using the Forgiveness Reconciliation Inventory to process issues of forgiveness and conflict. Presented to the Coastal Bend Wellness Foundation, Corpus Christi, TX.
- 45. Balkin, R. S. (2012, October). Evaluating therapeutic goal attainment for adolescence in crisis care. Presented to Bayview Behavioral Health Hospital, Corpus Christi, TX.
- 46. Balkin, R. S. (2011, May). Counseling through forgiveness and conflict: Assessment, processes, and ethics. Presented to the Ecumenical Center of San Antonio, San Antonio, TX.
- 47. Mink, E., Balkin, R., & Fishbourn, J. (2003, March). Substance abuse awareness and prevention. Presented to Sigma Chi of the University of Arkansas, Fayetteville, AR.
- 48. Balkin, R. Building team cohesive and effectively managing the stress of athletic competition (2003, February). Presented to the University of Arkansas Tennis Team, Fayetteville, AR.
- 49. Mink, E., Balkin, R., & Fishbourn, J. (2003, February). Substance abuse awareness and prevention. Presented to Pi Kappa Alpha of the University of Arkansas, Fayetteville, AR.
- 50. Mink, E., Balkin, R., & Fishbourn, J. S. (2003, January). Substance abuse awareness and prevention. Presented to Phi Delta Gamma of the University of Arkansas, Fayetteville, AR.
- 51. Balkin, R., & Davis, H. (2001, January). Applying the MBTI to a University Work Environment. Presented for the University of Arkansas Athletic Department, Fayetteville, AR.